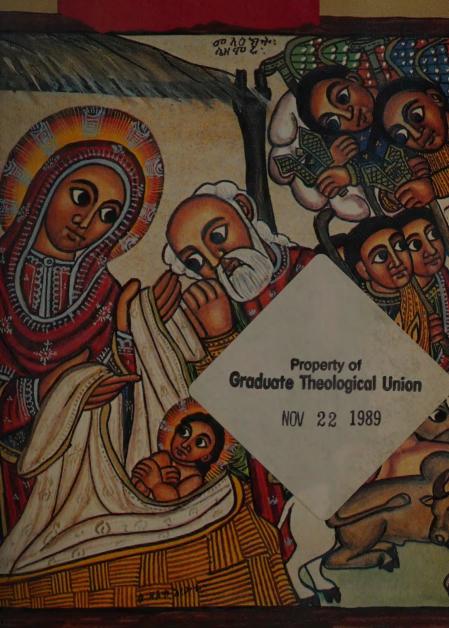
LUTHERAN WOMAN TODAY

DECEMBER 1989

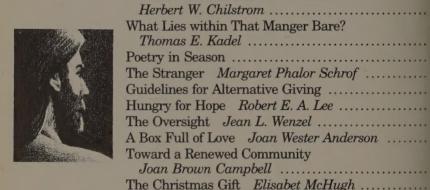


holeness of the Church

A Vision of Wholeness for the Church

Miriam Johnson and Children's Stories

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Kathleen Lull Seaton

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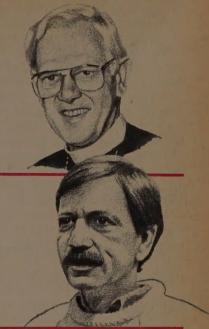
CONTRIBUTORS

e Rev. Herbert W. Chilstrom, nop of the Evangelical Lutheran urch in America ("A Vision of Wholes for the Church," p. 2), is no stranger he contributions of women in the rch, with six sisters actively involved heir respective women's organizaus. A skilled photographer, Bishop lstrom also loves walking, gardening, and the quiet of his Pelican Rapids, unesota, lake home.

omas E. Kadel ("What Lies within at Manger Bare?" p. 4) is a family unselor and partner in the Center for mily Development, Spring House, ansylvania. A former parish pastor, he tributes frequently to Lutheran urch periodicals and has written echetical materials.

an Brown Campbell, New York City oward a Renewed Community," p. 30), he executive director of the U.S. afterence of the World Council of urches, the first woman elected to this ition. The Rev. Campbell, an ordained hister in the Christian Church sciples of Christ), has been actively olved in the ecumenical movement for r 20 years. She is the mother of three wn children and has four ndchildren.

w to the Lutheran Woman Today
if in Chicago is editorial secretary
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inpanions on Your Journey," p. 44). A
ive of Stillwater, Minnesota, and a
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ingland studying writing. Cindy is
an avid sportsperson and lover
inusic.







A Vision of Wholeness for the Church



Herbert W. Chilstrom

I have a vision of the church. Diverse as the people of God are, I see the church as a family of believers linked in compassionate community—faithful to God and living out that faithfulness in the world.

It is a vision that gives me hope and energy as I travel about in the congregations of the Evangelical Lutheran Church in America and in the overseas churches I've been privileged to visit as bishop.

And the vision is more than a pretty picture that makes for nice description at Christmas. It is a picture that carries, in its lines, the very power of God—the power to bring about good for God's people and to spread the message of God's love to the whole world.

How does this power come to us? In one sense it comes to us "of old." "I chose you before I gave you life," God says to Jeremiah (1:5, Toda English Version)—and to us. A God confirms that call to each of with the great love that sent Jes to the cross to make us, once aga one with our Creator. But that powalso comes to us anew as God placus in community—first in our Batism, then in our daily faith life, sing to us, "Test out my love and swhat you can do together, for I loall of you, even the whole world."

"Wholeness of the church" is wh some people call this rich faith l It is a faith life that seeks to expr God's love and mission in relation ship to others, respectful of each pression of the church as a valu part of the community of faith. I Women of the ELCA have cause that vision well in their life toget and in their many ministries. their principles of organization, Women of the ELCA state: "T community of women shall work ward wholeness of the church." H fitting that Lutheran Woman To examines this principle at Chr mas, for it undergirds so much what we as a people of God are, should be, about,

1 truth, God's people have been ng out such a faith life for generns, and Scripture abounds with mple after example of how people community gain strength from n other as they seek to do God's Shiphrah and Puah, the two wives who disobeyed the Egypking's order to kill all newborn aelite boys, knew what such ength was all about. So did Abran and Sarah, who together vened forth to answer God's call. (One ders whether either of them ld have gone to a new land alone, l they been so asked. But God, in at wisdom, called them both.)

o did Priscilla and Aquila, who in ir joint ministry multiplied their ectiveness in spreading God's d. So did the many other women took an active role in the New stament community of faith-dises in their own right, though ofunnamed in the Bible. So did the in the early church who went out, by two, to turn the world upside vn. So did . . . (add an example of ple you know from contemporary

es).

ripture abounds with ample after example of how ople in community gain strength m each other as they seek do God's will.

My vision of the church sees God's ple linking hands to praise their ating, redeeming, sanctifying d. My vision of the church sees us ng together—as a whole—the ds of ministries that we might ver have the courage, or strength, or vision or money to do alone. In August of this year the ELCA met in churchwide assembly to bring our "community wisdom" to bear on the many ministries claiming our attention. I rejoice that God's Spirit led us to adopt some strong, faith-filled resolutions to guide us in our work together.

"Where there is no vision, the people perish" (Proverbs 29:18, King James Version). It's not just individuals who perish, or give up, when they don't see what it is they can do and how they fit into God's plan. It's also the larger community-the church—that is at risk if there is no sense of call. At risk of missing even worse, rejecting-those wonderful opportunities for mission, service and justice that God repeatedly puts before us.

I said earlier that I have a vision of the church. But there is more. I also have a vision for the church, for the ELCA at this moment in God's history. It's called Mission 90, and many of you already know something about it. But I'd like to tell you more about Mission 90 and the excit-

> ing potential it can hold for all of us as a wholechurch ministry. The editors of LWT have graciously offered me space in the January issue to do just that. In that issue, which also introduces LWTs emphasis for 1990, "The Integrity of Creation," I'll focus especially on

the kinds of Mission 90 emphases in which women are already active: Bible study and creation/stewardshipof-life concerns. In the call to work toward wholeness in the church, I am delighted to have Women of the ELCA as partners.

WHAT LIES WITHIN THAT MANGER BARE?

Thomas E. Kadel

Her wrinkled, wizened hand tenderly stroked the cover of the old Bible before opening it. Her gesture was unconscious, yet revealing of her affection for this Bible which had been in her family for two generations before her birth.

It was the family tree she wanted to show me. Several different hands had recorded the generations of Maggie's family. "There I am!" she said, pointing to her name. "Here's my daughter. She died. You buried her, Pastor, remember? I wrote her name in here myself when she was just three days old. It was like she was official then!"

Later, I had opportunity to reflect upon the pleasant visit I had made to Maggie's house. An irony struck me. We had spent considerable time with her large Bible, but we never opened it past the family tree. I wondered at this. As a pastor, it seemed



to me that opening the Bible to a pa sage to be read should have at lea occurred to me. But it didn't.

All our time with the Bible h been spent looking at the names a dates recorded there. Maggie had little story to tell about many them. I recall thinking how qua this was—an old Bible, a family to and stories to tell.

I was much younger and quite bit "smarter" then. I knew abo things like how to properly interpr a passage of Scripture. I knew he to seek and find the gospel in t text. I knew large words like exege and hermeneutics.

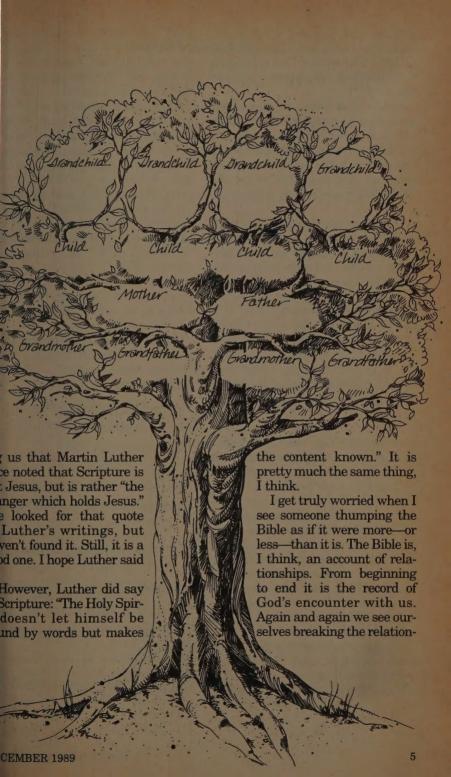
I still know the large words a the processes of interpretation. No however, I find not quaintness, b deep meaning in an old woman's clamation, "There I am!" Somehor think Maggie was pointing not or to her name on a family tree, through her name to the Scriptu beneath, "There I am!"

Volumes of commentaries co not say more precisely the truth what Scripture is than this: "The am!"

The second half of the truth wo be, it seems, "There Jesus is!"

The Bible gets a good work this time of year. Yet can all the re ings and all the sermons and all children's pageants ever say m about Scripture, or more about meaning of Christmas, than "Th I am" and "There Jesus is"?

I recall a seminary professor 1



ship and God restoring it. Again and again we see ourselves struggling to be our own god and God struggling to be our God. Again and again and again.

But here is where we sometimes get ourselves confused. The Bible is where the story of Christ is told. It is the manger which holds the Christ. Likewise, it is the family tree which holds us. But the Bible is not the Christ any more than the Bible is us.

This is a distinction which warrants some thought. Few of us would be satisfied with reading a book about marriage as a replacement for the marriage relationship itself. Yet some of us settle for reading about Christ without risking the living relationship with Christ. It is like viewing a Sunday school Christmas pageant without recalling that Christ really did come into our world. Or, it is like receiving Holy Communion without hearing the words "given for you" and "shed for you."

The Christian faith is a dynamic faith, moving us into relationship with God and God's Christ through the work of the living Holy Spirit. Scripture tells us that story and teaches us profound things about how God will continue to encounter us in this relationship.

But God will also continue to encounter us in other ways—in the eyes of the hungry and homeless, in the hearts of those treated unjustly, in the spirit of those who are moved by God to be God's witnesses. The wonder of Scripture is that it tells us where and how to look.

Maggie is now several years gone from our midst, and I am several years gone from the community where she lived. I am sure, though, that some grandchild or great grandchild still has that old Bible and still faithfully records new generations on that family tree. I at also sure that some other pastor has been shown the family tree and told a story or two about Maggie. Perhap that family member still points to he or her name and says, "Here I am."

At least, I hope so. For all the Magies, and all the grandchildren and great-grandchildren and all the others whom we would know as God children are, indeed, there. And so Christ—our stories intermingle with and given meaning to be Christ's story.

We come to the manger and worship the Christ it holds, eveknowing we adore the Christ, and not the manger itself.

The beautiful Christmas hymn a tributed to Martin Luther, "From Heaven Above," contains two worderful verses:

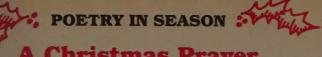
"Look, look, dear friends, look over there! What lies within that manger bare? Who is that lovely little one? The baby Jesus, God's dear Son.

Were earth a thousand times
as fair

And set with gold and ignel

And set with gold and jewels ran Still such a cradle would not do To rock a prince so great as you.'

Hymnal translation from Lutheran Book Worship copyright © 1978.



A Christmas Prayer

we again celebrate this joyful holy day we call Christmas, nay we reflect on the wonder of Jesus' birth

... and rejoice in the mystery.

May our hearts be softened and recreated by God's own hand, as we seek peace among nations, between neighbors, within families,

... and in our own hearts.

May we care for those less fortunate, and share ourselves and our abundance with them—the homeless, the jobless, the hungry, the prisoners,
... the poor and the weak.



May God's healing power touch those who mourn, those who suffer in mind, body, or spirit,

... and all who carry heavy burdens.

ay God's salvation come to those who do not yet claim Jesus as Savior. Like the shepherds, may we who hear proclaim the Good News that the Christ child of Christmas . . . still lives today!

Lord, quicken our hearts with your Holy Spirit, that we may know you personally, love you wholeheartedly, trust you implicitly, obey you joyfully,
... and praise you unendingly!

Iris Bents
Palatine, Illinois

Was It Like This God, On the Day of Your Birth?

Those same angels who sing to you "Holy Holy Holy"

You now hear with an infant's petal ears.

And the eyes with which you know the world, All-Seeing,

are now newborn eyes, trying to fix on a blurred piece of straw.

You are everywhere,

Forever,

now packed in a doll-body that nearly disappears in the embrace of a teenager.

Your strength tames the cosmos,

All-Powerful,

and now you can't lift your head from the warmth of your mother's arms.

You know more than the universe holds,

Only True Creator,

but now, you've yet to discover your toes.

Judith L. Roth Ventura, California



do you suppose Mary. . .

do you suppose Mary
longed for her mother
as she birthed . . .
(hardly knowing Joseph,
that strangely gentle man)?

do you suppose Mary
wanted her mother to whisper and
soothe her cheek
in that rough, dark stable?

i find myself, sometimes in a rough dark
(hardly knowing the gentle strangers),
struggling to birth a new hopevision, and
i long
for a whisper and a
soothed cheek.

God knows . . . God knows shh . . . shhhh . . . shh.

Susan Kirlin-Hackett San Jose, California

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SHORTAKES

SONIA C. GROENEWOLD

Brief Prayers on News Items

Committees focus on church staff support

The ELCA Division for Ministry urges each ELCA congregation to create a staff support committee. Such committees would focus on support and care for their church staff. They would help the staff and congregation develop mutual ministry.

Lord, help congregations and staff members to support one another in

proclaiming the gospel.

LWF/WCC bring food—and hope

The city of Juba in Sudan has been kept alive, but barely, by regular Lutheran World Federation/World Council of Churches aid flights. Held by government troops and surrounded by the Sudan People's Liberation Army, the city has suffered from the country's ongoing civil war. Its population has swollen because of the large number of refugees fleeing the countryside in search of food and safety. The LWF/WCC had airlifted more than 10,000 tons of foodstuffs to Sudan by the first half of this year.

Giver of life, continue to use us to feed those who are starving and to care for those in war-torn parts of the world.

wor iu.

Brazilians help reestablish Lutheran church in Cuba

The Lutheran church in Brazil sending pastors to help Cuban Latherans. Lutherans in Cuba represent not more than 150 people-scattered and unorganized. They attrying to restructure, obtain legistatus and recover their three place of worship, now being used for other purposes by the state.

Bless, O Lord, the efforts of thos who would restore the Luthera

church in Cuba.

Lutheran college students meet at 'the arch'

Discussing Christian values, today technology, society's attitudes and their faith, Lutheran college standents are meeting December 28 January 1 in St. Louis. A particular Lutheran group, the Lutheran St. dent Movement in the USA draw some 500 college students togethed during the holidays annually.

Guide and direct these young pe ple in their lives and ministries,

God of love.

Read or listen to the news daily ar build a prayer list to be revised : needs change.

Sonia C. Groenewold is news edit of The Lutheran.

The Stranger

argaret Phalor Schrof

ressed in blue jeans and a wellorn sweater, a young woman stood tside the kitchen as my family and entered the multipurpose room of r church. We had come to a potluck nner and children's Christmas proam. I smiled, greeted her hesitantand learned that her name was athy.

Curiosity and courtesy led me to k if she needed help. Without hesation Cathy informed me that she as often looking for a free meal.

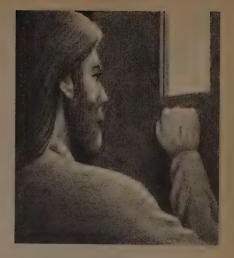
I moved to set places at a table for y family. "Was anyone going to inte Cathy to join them?" I wondered. ould I, a newer member, be critized for asking this stranger to eat th the other families at the table? Although my invitation was not erly welcoming, Cathy joined us illingly. As our table conversation mbled from flights to Europe to the e of our VCRs, I realized that all is was not a part of Cathy's expeence. "God would have given me ings if he'd wanted me to fly," she ld me. "Could our church assist her mily with money?" was her con-

"Contact our pastor," was my

eak reply.

"Would anyone object to my taking ome some food?" Cathy asked.

Feeling both awkward and guilty at I hadn't suggested it first, I arched for foil as she filled a plate. Cathy then helped me gather canes from the tables. She went with



us into the sanctuary for the children's program. She sang with us, prayed with us, and welcomed the children's message.

Afterward, Cathy explained that she should be on her way since she had to walk home. I considered offering to drive her, but said nothing.

Although Cathy was given the times of our Sunday worship, I doubt if she returns. Why would she?

Les, Lord, she was a stranger and we let her in. She was hungry and we did give her food. She was thirsty and we did give her drink. But did we welcome and accept her? Find out more about her life, her needs, her gifts?

She was a stranger in our midst, Lord—one of the least. Had it been you, Lord—would you have re-

turned?

Margaret Schrof is a member of First Lutheran in Fray, Ohio, and an experienced teacher and school counselor. Although "Cathy" is not the stranger's real name, this is a true story.

GUIDELINES FOR

ALTERNATIVE GIVING

iving is at the heart of Christmas! We remember God's great gift by giving to others. Given human nature and the commercialization of Christmas, "getting" sometimes seems more prominent than "giving," and giving to "our own" sometimes has more importance than giving to the one whose birthday we celebrate. It doesn't have to be that way. We can give in a way that honors the birth of Christ, expresses our love to our family and friends, and shows our concern for the earth.

Consider these *Dos* and *Don'ts* as you make up your own guidelines:

• DON'T look at catalogues or go to the malls to "get ideas" for what to give. That allows someone else to do your thinking for you.

 DON'T wait until the last minute when the commercial pressures are the greatest and you are most vul-

nerable.

 DON'T give any gift that doesn't reflect values you want to share.
 What does it say, for example, to give a war toy to a child?

• DON'T buy anything you can't pay

for this December.

 DO consider the true interests and needs of the person to whom you are giving. Can your gift stimulate spiritual, mental or physical growth?

 DO give yourself. Your time and what you can make are probably the

best gifts you can give.

 DO respect the environment in the gifts you select. For example, think twice before giving a gift made of plastic or other nonbiodegradabl materials.

- DO consider gifts from self-hely craft groups where your purchas supports the preservation of traditional crafts and skills as well as the efforts of low-income people to be come self-sufficient.
- Finally, DO REMEMBEL WHOSE BIRTHDAY IT IS! Whe we celebrate a birthday, we give gift to the person whose birthday it is. I there any doubt as to what Jesu wants us to give him? He pointedly insists that in order to give to him we must find him in the hungry, the thirsty, the stranger, the naked, the sick and the imprisoned.

Gifts of our time, skills and mone to support ministries to "the least of these" are the beginning points—no afterthoughts—of gift giving a Christmas.

ake time to fill out the "Christ mas Cost Analysis" form to se how much you spent fo Christmas last year. Consider giving a "birthday gift"—in time and money—an amount equal to 25 percen of what you spent on last year' Christmas celebration. If there are others in your household, do the cost analysis as a group and make this covenant together.

WARNING: You probably do not have the time or money to do every thing you have done before and ad this "birthday gift." The birthday gift to Jesus should replace some of the time and money you would other wise spend.

Christmas Cost Analysis— How Much Did You Spend Last Christmas?

Gifts	Wrapping Paper
MILY:	Ribbon, tape
Mother	Sub-Total
Tather	2 Obvietmes Cords
Son(s)	3. Christmas Cards
Daughter(s)	Cards
Brother(s)	Postage
Sister(s)	Sub-Total
Grandmother(s)	— 4. Food
Grandfather(s)	— Christmas Dinner
Grandchildren	— Candy
Jncle(s)	Cookies, etc.
Aunt(s)	— Special Meals
Mother-in-law	Beverages
ather-in-law	— Sub-Total
Brother-in-law	_
Sister-in-law	5. Travel
Vieces	6. New Clothes
Nephews	— O. New Olothes ——
Others	7. Other
b-Total	_
HERS:	GRAND TOTAL
Friends	Multiply "Grand Total" by 25%. — X .25 =
Boss	This is how much money I plan to
Dog, Cat, etc.	divert to social causes this Christ-
Others	mas.
b-Total	This article and chart are from
	Whose Birthday Is It, Anyway? pub-
Decorations	lished by Alternatives, P.O. Box 429, Ellenwood, Georgia, 30049, phone
Tree	(404) 961-0102. A copy of Whose
Ornaments	Birthday Is It, Anyway? was distrib-
Decorations	uted to ELCA congregations in the Hunger Packet.
f	

Hungry for HOPE

Robert E. A. Lee

ome call it "compassion fatigue." Others identify it as a turnoff to the "bloated-belly syndrome."

We know what it is: We're tired of famine stories, those seemingly hopeless accounts in the media about third-world masses mentally numbed by malnutrition and perishing from starvation.

"Breakthrough on Hunger" is a television series that offers something different: a theme of hope woven through four Public Broadcasting System (PBS) one-hour television specials airing weekly beginning in February 1990. The series acknowledges

that there are still massive and critical unsolved problems relating to the global food supply and delivery systems, but it focuses instead on the many and marvelous self-help projects under way in developing countries.

Evangelical Lutheran Church in America congregations are among the tens of thousands, nationwide,



A campesina, peasant woman, addresses a conmunity gathering of people who study agricultur family health care, reading and writing their national language.

who will use the PBS series for cosciousness-raising and for examiing the ethical and spiritual dime sions of hunger issues. The ELCA le the way in organizing an interre gious coalition of over 20 Protestar Catholic and Jewish agencies at denominations to:

• collaborate with the series produers so that the programs deal wi



A classroom of CIMC, a women's educational program near Oruro, Bolivia, where women learn skills in agriculture, health and cultural history.

sues and values relevant to faith neerns; and

prepare study materials (print and deo) to enable discussion groups to the most out of the programs.

The interreligious coalition, naired by Faye Asquith of the LCA's Division for Congregational fe, is tailoring the study suggesons to groups of a dozen individuals fewer, such as women's circles, lult forums or youth groups.

Rather than view the programs tother, participants are urged to atch the broadcasts at home each eek before gathering at church to scuss what they have seen.

Women's issues are very much ive in the "Breakthrough on Hun-r" series:

In Bolivia, for instance, viewers be campesinas teaching themlives, and one another, in the quest requality and better lives for their milies. High in the Andes a woman oves from village to village organing women to become better educted. There is hope in that.

In Bangladesh women have trationally been excluded from access banking services. Now the Graeen (Rural) Bank of Bangladesh has developed innovations that allow women and other poor people to take out loans for small rural enterprises. This action alone enables thousands of families to move from charity to productivity. There is hope in that.

One of the "witnesses to change" featured in the series is Dr. Kamla Chowdry, former head of the National Wastelands Development Board of India. An economist, she played a key role in the Sukhomajri project that successfully countered soil erosion and transformed barren Himalayan foothills into productive farmland. There is hope in that.

Recent research in San Diego, California, and Madison, Wisconsin, revealed that television viewers tend to be skeptical about the media's treatment of the hunger issue. They assume they'll continue to get "sad stories" that leave them with a hopeless feeling.

"Breakthrough on Hunger" deals realistically with the real world and its problems and crises. But in place of a hopeless feeling, it offers a vision of what can be a more equitable and just world where people are enabled to untrap themselves. There's hope in that.



"We're not going to give you a nicely wrapped package tied with a bow," says senior producer Michael Camerini about the television series. "We are going to say, 'Here are some fragments, here are some reports from the front, here are a people who are struggling, each within their own

Members of the women's farm cooperative in Zimbabwe are shown in this scene from the PBS Series "Breakthrough on Hunger."

context, with these questions:

What is development?

Why are people hungry? Why are there poor countries?'

"And we hope to give you vivid mo ments that help you think, that help you focus, that spark discussion."

From that might come the mos important and hopeful break

through of all.

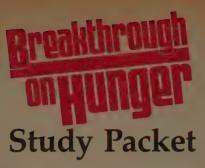
Robert E. A. Lee, program consultan for the Interreligious Coalition for Breakthrough on Hunger, was for merly communications director for Lutheran Council in the USA.

Preparing for

- 1. To find out when "Breakthrough on Hunger" will air in your area, call your PBS affiliate.
- **2.** Ask if your area PBS station plans to produce locally a fifth program of discussion and reaction. If not, perhaps a letter encouraging local follow-up is in order.
- **3.** What group or groups in your congregation might be interested in pursuing this opportunity for study and action? Is this a ripe opportunity for an ecumenical group or a cluster event? Think creatively how—and by whom—this series and its related study materials might be most effectively used.

areakthrough on **Hunger**

- **4.** Select a group leader to facilitate the discussion. Make sure the leader has the study materials and videotape available to her or him.
- **5.** Identify a person to initiate a promotional effort. Make sure that person is given the media kit to use.
- **6.** Meditate on the biblical reflections (available in the study packet for distribution) prior to each program. Openly and prayerfully view the series allowing the Spirit to use this opportunity for hope and action.



ELCA congregations received a "Breakthrough on Hunger" brochure in the September issue of the ELCA *Action Packet* and the September *Hunger Packet*. In addition a study packet was distributed to ELCA congregations through the November 1989 ELCA *Action Packet*. The study packet includes:

- ▲ a leader booklet designed to elicit reactions to each telecast, to examine the implications of the broadcast, and to encourage reflection and subsequent action;
- ▲ four camera-ready flyers to duplicate and distribute, giving viewers a synopsis of each program and offering a related biblically based reflection to meditate upon;
- ▲ a media kit containing ad layouts, news releases and bulletin announcements to be used in promoting the series;
- ▲ a "Breakthrough on Hunger" poster.

A VHS videotape containing three-minute sequences from each program and clips to stimulate discussion is available separately.

To order these supplemental resources, write to Alternatives/ Coalition, P.O. Box 429, 5236 Bouldercrest Road, Ellenwood, GA 30049. The VHS *videotape* of study helps is \$8.00 and the study packets are \$3.00 each (both prices include shipping). Enclose payment with order; make checks payable to Alternatives/Coalition. Note the quantity of each resource desired, the amount enclosed, and the name, address and phone number of the person who will receive the shipment.

For additional information, contact Faye Asquith, ELCA Division for Congregational Life, 1-800-638-3522, extension 2552.

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The OVERSIGHT' A Short Story

Jean L. Wenzel

As Millie hurried to the door that cold December day to greet her nephew Tommy, her head was full of memories of a joyful, bright-eyed, child. Ten years had passed since she had seen that sprightly little boy. But the sight that greeted Millie as she opened the front door quickly did away with her quaint memories.

Tommy's eyes were concealed by black, stringy hair. Smoking a cigarette, he wore a T-shirt emblazoned with a phrase that left Millie struggling to maintain her composure. With some effort, she managed to embrace the boy and wish him a

Merry Christmas.

"Please come and sit by the fire, Tommy," she said, gesturing toward a worn, comfortable-looking chair. "Do you remember the roaring fires Uncle George used to build?"

"You got somethin' to eat?" Tommy asked abruptly, not looking at his aunt. She raised a finger and indicated that supper would be ready

soon.

Sharing the holiday with Tommy while his parents agonized over their imminent divorce would not be easy, Millie thought to herself as she set out a hearty meal. She soon called Tommy, and he fell to ravenous eating. The largely silent meal was punctuated only by Millie's failed attempts at conversation. Afterwards, Tommy seemed to sneer at the des-

sert plate of fancily decorated cookies. He quickly ate several, however then settled himself in front of the fire again.

When Millie joined him, Tommy had his head cocked back slightly so that his hair fell away and revealed his eyes. They were the same eyes Millie recalled, but they appeared smaller and had lost the blue of a child's eyes and seemed a lusterless gray.

"Do you like to listen to Christma

music?" Millie asked timidly.

Tommy yawned. "Not much Mom's got Conway Twitty singing Christmas stuff, that's all."

"Maybe one evening we could listen to George's records," Millie suggested. "All the finest of the old carols, some of the melodies over thousand years old. Imagine!"

"Yeah." Tommy yawned again

"Think I'll go to bed."

Millie pointed her guest to he room, bid him good night, and returned to her place by the fire. Shegan searching through George record collection for music whice might restore her spirit. Not wantir to disturb Tommy, she rummaged for a pair of headphones and settled to enjoy a selection of carols.

Delighted with what she hear she eagerly took in the beauty of each

elody. The final carol, "Adeste Fieles," had been George's favorite. illie felt uplifted during the trinphant refrain, but by the time the gan's final chord sounded, she bein to cry, then sob-from the comnation of the music's beauty, her ief over George's death, and the ustration brought on by her nephs presence. Eventually she fell leep, headphones askew, her nose ight red, handkerchief wadded thtly in her hand.

hen she awoke, Tommy was anding over her, his eyes registerg what seemed like concern.

"You all right, Aunt Millie?" he ked.

Millie retreated into the soft back the chair.

"I'm fine, Tommy. I guess I fell leep listening to the music. I'll get me breakfast."

"Yeah, I heard the music."

Millie turned to the stereo and saw at she hadn't adjusted the knob operly for the headphones. Her pristmas carols must have filled e entire house.



"Sorry if it kept you awake, Tommy. An oversight on my part," she said quietly, but she couldn't resist asking Tommy what he'd thought of the carols.

"I sat at the top of the stairs, listening," Tommy replied, his voice as bland as usual.

But Millie knew that in addition to listening to the music, Tommy had seen her grief, and she fancied that her nephew's eyes looked infinitesimally larger and brighter. Although she was far from certain what the holiday would bring, Tommy's visit was just beginning. She went to fix breakfast, this time enlisting her nephew's aid, yanking the boy up by the arm and propelling him toward the kitchen.



19

BIBLE STU

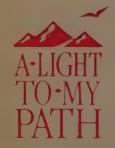
The Light Shines in the Darkness

Study text: John 1:1-18 (19-34)

Nancy and Craig Koester

ADVENT is a season for music. As Christmas draws near, singers carol of street corners, in shopping malls, and in nursing homes. Choirs perform Handel's *Messiah* and other compositions, new and old, and records an cassettes that have been in storage since last January are brought out again to cheer the household. The music brings back memories and also stirs hope for the future.

Rich in memory and in hope, Advent hymns often convey their message in the language of the Bible. For example, stanza 1 of the hymn used for this session's closing worship, "Wake, Awake, for Night Is Flying" (*LBW* 31 draws themes from Isaiah's call for Jerusalem to awake (Isaiah 40:9-10) and from Jesus' parable of the wise and foolish maidens (Matthew 25:1-13 Stanza 3 evokes the images of saints rejoicing in heaven and of new Jerusalem's gates of pearl, mentioned in Revelation 15:2-4 and 21:21-23. Such hymns remind us of Jesus' first coming and awaken our hopes for his second coming. Take a moment to recall your favorite Advent hymn. Tell the growth why this hymn is meaningful to you.



The Word of Life and Light

The gospel of John begins the story of Jesus with "hymn." John 1:1-18, often called the prolog of tl gospel, is written in hymnic style with a rich arrof images or illustrations. The prolog uses Old Tetament ideas to tell the new story of Jesus Chrithe phrase "in the beginning" and references to lig and darkness in 1:1-5 recall the creation story



Genesis 1. The conclusion of John's prolog uses imagery of Moses and the Exodus. The old images give the new story of Jesus great depth and power, reaching out to people from many different backgrounds.

Read John 1:1-5. These verses create a rich and noving introduction to the gospel by repeating key terms ke *word*. In the space provided, list the important words nat are repeated.

Thy do you think the evangelist repeats these words?

Lo gos

- The Greek term for "word" is *logos*. In Jesus' time the Greeks understood the *logos* as a divine energy, while Jews associated it with the word of God mentioned in the Bible. By using the term *logos* and the well-known symbols of light and darkness, the gospel presented Jesus in ways that people from many cultural backgrounds could understand.
- As the gospel unfolds, Jesus is also described in ther ways. What is Jesus called in the following verses: 35; 8:12; 10:7,11; 11:25; 14:6; and 15:1? Which of these escriptions is most meaningful to you, and why? Which these might most easily be understood by people with ttle or no exposure to Christianity?
- Read John 1:1-5 and Genesis 1:1-5. What similaries do you find between these passages? Why do you link the gospel writer used ideas from Genesis to incoduce Jesus?

1

Matthew's gospel begins by tracing Jesus' gene-

alogy back to Abraham (Matthew 1:1-17). Mark begins with John the Baptist's ministry (Mark 1:1-8). After a brief statement of purpose (Luke 1:1-4), Luke begins with the promise of John the Baptist's birth to his parents, Zechariah and Elizabeth (1:5-25). Only John begins by tracing the story of Jesus back to the creation of the world. What special contribution does John make to our understanding of Jesus?

The term *life* in 1:4, as elsewhere in John's gospel, means life in relationship with God. Recall that last month we discussed the story of the raising of Lazarus, where Jesus said, "I am the resurrection and the life" (11:25). In your own experience, what does it mean to find life in Jesus?

Read verse 5 again. The Greek word that is translated in the RSV as *overcome* can mean either "to seize" or "to understand" (like the English word *grasp*). So the verse can mean that "the darkness has not overcome" (or seized) the light (RSV); or that "the darkness has not understood" the light (as phrased in the New International Version of the Bible). What is the difference in meaning between these two translations?

In John 1:4-5, the life that was in Jesus is presented as a light that continues to shine despite the darkness. How is this evident in your own experience or in the experience of others you know?

A Witness to the Light

Read John 1:6-8. Both John the Baptist and Jesus were from God. When John's gospel was written, there was a need to clarify the difference between John the Baptist and Jesus. How do verses 6-8 accomplish this?

What do Christians today expect from Jesus in ally life? What do you expect? Have your expectations ways been fulfilled, or have there been times when ose expectations were not met? What can Christians arn from such experiences?

The word *advent* means "coming." During the ason of Advent, the church anticipates the celebration Jesus' birth and looks forward to his return. What do hristians today expect Jesus to do when he comes gain? What comes to your mind when you say the words the Nicene Creed: "He will come again in glory to judge the living and the dead, and his kingdom will have no ad"?

Read John 3:25-30. Here John the Baptist deribes Jesus as a bridegroom and compares himself to be best man, or bridegroom's friend, at a wedding. What les do the best man and maid of honor play at a weding? Why is bridegroom's friend a good description of bhn the Baptist?

Why is bridegroom a good description for Jesus?

What did John the Baptist mean when he said, "he must increase, but I must decrease"? The Advent hymns "Rejoice, Rejoice, Believers" (*LBW* 25) and "Wake, Awake, for Night Is Flying" (*LBW* 31) refer to Jesus as the bridegroom. How do these hymns help us prepare our hearts for Jesus' coming?

What do you think is the purpose of the Advent season? What does your congregation do to help fulfill this purpose? How does your family or household observe the Advent season? What does the season mean to you at this point in your life?

The Light Came into the World

Read John 1:9-13. Verse 9 recounts Jesus' first advent into the world. In Session 1 (September), we said that the term *world* has two meanings in John's gospel. It can refer to the creation, which is good (17:24), but more often *world* refers to rebellion against God. How are both of these meanings used in John 1:10? How does John's insight that the world was in rebellion against God deepen our understanding of God's love and of Jesus' advent among us?

John 1:11 states that Jesus came to his own home, and his own people did not receive him. To what do the words "his own home" and "his own people" refer? Why would some people have refused to receive Jesus? (See 5:16-18; 6:41-42.) What can keep some people today from receiving Jesus?

How did you become a child of God? What would you say if a neighbor or friend asked you what it means to be born of God?



■ John 1:9-18 tells the story of Jesus not once, but twice. Verses 9-13 recount how the true light came into the world. Verse 14 begins the story again, by announcing how "the Word became flesh." But now the perspective changes. Instead of speaking about "the world," the text says that the Word "dwelt among us," that "we have beheld his glory," and that "we all received grace upon grace."

John 1:1-13 used ideas from the creation story convey the Word's significance for the whole world. hn 1:14-18 uses images from the history of Israel to ll what the Word meant for the new Christian comunity. To whom does the "we" refer in verses 14 and ?

The root word *dwell* in verse 14 means literally tent." The people of Israel worshiped in a tent in the ne of Moses. What is the connection between the tent d God's glory in Exodus 40:34-38? How does this Old estament story help us to understand John 1:14?

The words "full of grace and truth" in John 14 recall the proclamation in Exodus 34:6 that God ounds "in steadfast love and faithfulness." According Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 33:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus 34:18-23, Moses was not permitted to see God's Exodus

How was the glory of God made known in the nistry of Jesus? Recall especially the man born blind John 9 and the raising of Lazarus in John 11. What rt of Jesus' ministry reveals God's glory most fully?



In Closing

Listen carefully as John 1:1-18 is read aloud. Observe a quie moment for prayer and meditation on the renewal of Christin our world and in our lives.

Worship

Sing together the Advent hymn, "Wake, Awake, for Night I Flying" (LBW 31).

Looking Ahead

Next month will begin the first session in the 12-session Bibl study for 1990, Companions on Your Journey: Studies of Biblical Women. January's session will focus on the book of Rut and the commitment of Ruth and Naomi to God, their community, and each other. ■

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Bible study resource book available on audiocassette

The Bible study resource book for *Companions on Your Journey: Studies of Biblical Women* is now available on audiotape through the ELCA Braille and Tape Service for persons with visual or other physical disabilities. The cost of the three-tape set is \$6 (payable by check or credit card), which includes postage and handling. Checks should be made payable to Augsburg Fortress. Orders may be directed to the Augsburg Fortress Audiovisual Department, 426 South Fifth Street, Box 1209, Minneapolis, MN 55440.

A Box Full of LOVE



an Wester Anderson

gnolia occasionally finds work pping cotton in the Mississippi ds to supplement the \$1000 anal welfare payment she receives herself and her four children. An-'s family of 11 lives in a tar-paper inty, without running water or ctricity. Two of Melinda's daughs share a pair of socks.

Once a month, however, a package nes to each of them, a box filled h clothes, food, toys and best of hope. The box is sent from people o may never meet their "sister illy" in Mississippi, but who care

ut them just the same.
You are there for us when we lly need you," Melinda wrote retly to the retired Lutheran college fessor who has been providing with extras through a unique orization called *The Box Project*. "I

nk God for you."

he Box Project, begun 26 years
, is a small, no-frills, nondenomtional operation in Connecticut

that now assists more than 2500 families in Mississippi.

"Living conditions in the Delta area of Mississippi can rival the worst in third-world countries," says Harold Skillrud, bishop of the ELCA's Southeastern Synod, who recently toured the area. The 1800 families on the waiting list for the Box Project sponsors bolsters his claim

Part-time and volunteer field-workers in poverty-stricken areas visit potential recipients to determine their need and utilize government help when available. A family's name is then forwarded to Nancy Normen, executive director of The Box Project, who, aided by a volunteer office staff, connects them with a family willing to help. At this point, except for occasional intervention when mishaps occur, the Box Project staff retreats into the background. "That's what makes the idea so appealing," explains Normen. "The

The families deal one-to-one, without bureaucracies and red tape.

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The best part of the sharing is the letters.

families deal one-to-one, without bureaucracies and red tape. Yet the Box Project allows some space between them too." And participants find it's satisfying to be able to provide the particular things a sister family needs.

Dr. Helen Strand of Cedar, Minnesota, agrees. After retiring from teaching at Luther College, she traveled to New Guinea as a missionary for the American Lutheran Church, then came home to enjoy the "quiet life." She heard about the Box Project through her women's group at Glen Cary Lutheran Church in Ham Lake, which was sponsoring an elderly Mississippi woman.

When the woman wrote the congregation that her daughter, Melinda, was expecting a child, Strand decided to visit some garage sales and collect a box of baby clothes. "For \$3.50, I put together a little wardrobe, and some of the church women donated cash for diapers and postage," she says.

"When Melinda received the boy just after the birth, she was wild wit joy. She had only one undershirt an a dozen diapers in which to clothe th baby, and the box made all the di ference."

Helen Strand now enjoys perusing garage sales, sewing dresses for he "girls" and enjoying letters from the three families she now sponsor "They're my foster children an grandchildren," she says simply. "Whave added much to one another lives, and we are all blessed."

Sometimes a sister family requests something specific—pots an pans, silverware or towels. Once sponsor discovered that her familhad room for a garden, but couldr afford seeds, so she mailed enough provide vegetables all summer lon Other boxes may include a winter supply of vitamins, postage stamp paper and pencils and books.

When filling out an application sponsors decide just how involve they'd like to be—a monthly or like to be —a monthly or like to



"Their spiritual faith is really remarkable. I often wonder just who is underprivileged."

onthly carton to a family, a single ident or elderly couple; sharing a k commitment with another sponr; sending a Christmas box; or reesting to sponsor children of cer-

n ages or clothing sizes.

ial to patch a roof.

Sponsors can specify the amount by'd like to spend each month. stage can run \$6 to \$8 and is inded in the estimate. Members of Box Project pay \$25 in annual es to cover administrative costs d the five newsletters containing ggestions and feedback. Sister nilies annually contribute \$2 to a and that covers special needs such medication, moving costs, or ma-

Some Lutheran churches in Flora, Connecticut, Minnesota and sconsin already participate in the x Project as a group ministry. One the most active and faithful conegations is Ladner Lutheran urch in Buffalo, South Dakota. ose women have sponsored the ne Mississippi family since 1974. One of our members read a short ntion of the Box Project in a magne," explains Florence Brengle, group's correspondent, "and we ided to get involved. When you on a ranch, at great distances m others, your opportunities to e service seem limited. We wantsomething we could do both singly d with the group; we also wanted nelp someone directly, and build a sonal relationship. What a wonful experience it's been!"

Ladner churchwomen sponsor an erly woman and a large family. To

help, they run a parishwide clothing drive twice a year, collect cash to help with fuel bills and at Christmas, and draw names for special gifts. They also "fill in with soap, toothpaste and items they can't buy with food stamps."

The best part of the sharing is the letters from Mississippi, Florence says, which are always read at meetings. "They're so touching and beautiful. Our family has tried so hard to better their lot, and have now been able to move into a decent house in town. Most of the children have stayed in school too."

For the Mississippi couple's 40th wedding anniversary last year, the Ladner women made an anniversary quilt, a poignant sign of the attachment everyone has for one another.

"Sometimes our letters of encouragement are what keep the Mississippi family going," says one sponsor. "On the other hand, their spiritual faith is really remarkable. I often wonder just who is underprivileged."

"Maybe the poor will always be with us," says another, "but if the quality of their daily life is a tiny bit better, then the Box Project is a blessing for all of us."

For more information about the Box Project send a self-addressed stamped envelope to The Box Project, Dept. L, P.O. Box 435, Plainville, CT 06062 or phone (203) 747-8182. ■

Joan Wester Anderson, Arlington Heights, Illinois, is an author and lecturer on family life and parenting.

CEMBER 1989 29

THE ECUMENICAL DECADE OF CHURCHES IN SOLIDARITY WITH WOMEN 1988-1998

Toward a Renewed Community

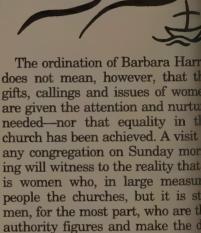
Joan Brown Campbell

The day was crisp and cold, but the sun was shining as I prepared to fly to Boston. I felt both great anticipation and a strange sense of sadness.

Anticipation because I was on my way to join 8000 other witnesses at the historic ordination of Barbara Clementine Harris, the first woman to be called "Bishop" in the worldwide Anglican communion. Sadness because I knew that this victory had not been won without rancor and pain. But that day in Boston the voices of discontent were muted, and the church celebrated its courage, enthusiastically announcing to a watching world that the Episcopal Church in the United States was a "church in solidarity with women."

The ordination was an act of the whole church. Barbara Harris was ordained with its blessing, and however thorny the road ahead is to be, the church owned this decision.

The ordination of Barbara Harris as bishop is a quintessential example of what it means for churches to be "in solidarity with women." The power of this event lies in the fact that it was the church—old and young, male and female, Black and White, liberal and conservative—that claimed her as their bishop.



women of faith to be taken serious. And although the Ecumenic Decade officially began with the Eater sunrise in 1988, the preparatio for its advent have been long in coing. The struggle for women's digniand equality is not new in church It is not a brash or trendy idea.

cisions. The Ecumenical Decad

Churches in Solidarity with Wom

(1988-1998) was born with the cry

The World Council of Church which proposed the Decade, has pared for this Decade since 19 when the WCC heard a report from 58 countries on the role and state of women. At every WCC assemble thereafter, steps were taken to brithe world's churches closer to full rognition and appreciation of the grand ministries of women.

ECUMENICAL Decade: URCHES in SOLIDARITY th WOMEN

Decade is ecumenical because essence of ecumenism is to work and the unity of humankind. The ade is for churches as much as women, asking churches to be intionally and openly involved in porting women and their ministers. The Decade also calls for reches to demonstrate solidarity in women in a whole host of the sective decisions—throughout the ld, as each church feels moved by Spirit.

he Ecumenical Decade of arches in Solidarity with Women art of a broader vision that inces the renewal of our whole hunce the relationships to one another and to creation, transformed into tionships of justice and caring, I sensitivity to one another's ds. As the Bible reminds us in Roms, all of creation is groaning for transformation.

Global Effort

calls us to live as sisters and thers in a family structure that embraces the whole inhabited earth. For too long the struggle for women to take their rightful place in church and society has been thought of as a White, North American women's movement. Not so, for all women, around the globe, suffer from centuries of oppression and assumptions of inferiority. As the Decade comes alive around the world, we are beginning to hear stories that reveal the breadth and diversity of the struggle:

○ The National Council of Churches in Kenya will focus on basic needs (water, food, fuel and firewood) during the Decade.

O The Decade committee in South Africa is challenging Christian women to acknowledge their unique role in the transformation of South African society. They write: "During these 10 years... we must rise from the position of servitude to that of service. God has bestowed upon us an inherent strength and resilience which we must now use to liberate the church."

O In India, at the invitation of the Board of Theological Education, women are challenging the seminaries to admit women as full-time stu-





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THE ECUMENICAL DECADE OF CHURCHES IN SOLIDARITY WITH WOMEN





dents, as well as to recruit women and encourage seminaries to introduce a women's studies department.

- O Bishops in the Church of North India and in the Tamil Evangelical Lutheran Church are writing pastoral letters to encourage the participation of women in the church and to call attention to misteachings of the church.
- O Korean women theologians issued this statement: "We find the ultimate cause of our national division in the patriarchal culture of domination... we believe and hope that women and men will stand before God as partners in equality and harmony as we were created."
- O Philippine women are focusing on rural women, particularly the conditions of women workers on farms and plantations.
- O In Sweden the priorities for the Decade included inviting migrant women and refugee women to take part in the planning. Other issues to

be tackled are: violence agains women, genetics and reproduction issues and the nomination of women to various church offices.

O In Costa Rica, Indian Guayumi women traveled 18 hours just to tak part in a Decade meeting. Childre and men participated as well Twelve male pastors cared for the children, and other men prepare the refreshments.

Common Goals

Everywhere, women want their chi dren to be fed. They want their sor and brothers and fathers and hu bands liberated from the burden war. Everywhere women of cole speak of the double oppression of seand race. They call all of us to wo toward wholeness and the end of oppression.

The Decade in the United States

What about the United States? Ar tional Decade committee has be formed, made up of representative

n all 36 member churches of the rld Council of Churches in the ited States.

Jeaded by Mary Ann Lundy of the men's unit of the Presbyterian urch (USA) and Bishop Forrest the of the United Methodist urch, the Decade Committee in United States is committed to rk in concert with women and a around the globe, joining their uggle to ours in the U.S."

For a summary of Evangelicalheran Church in America efforts be a church in solidarity with nen, see "The Decade and the

CA."]

Will the Decade take hold in the ted States? Will any real change alt from the activities of the Dec-? Yes, if the churches take serily the call to be in solidarity with age-old yearnings of women.

Women alone cannot make the ade work, but women and men king in partnership may be able ring down walls that still divide. will not be easy. But oh, the remand even the process—will be worth it. ■

The Decade and the ELCA

The Ecumenical Decade: Churches in Solidarity with Women is inspiring and encouraging efforts on behalf of women's spirituality, women in leadership and women in need throughout the Evangelical Lutheran Church in America.

- Our Savior's Lutheran in the Los Angeles area kicked off their participation in the Decade with a special litany in a Mother's Day service.
- O Youth and pastors in the Missouri/Kansas Synod are wearing a red thread tied around their wrists to call attention to violence against women. The idea has caught on throughout Missouri with groups supporting women who have been battered.

continued next page





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THE ECUMENICAL DECADE OF CHURCHES IN SOLIDARITY WITH WOMEN

- O Christ the King Lutheran Church in downtown Chicago is joining Episcopalians and Methodists who volunteer to prepare a meal one night a month at a local shelter for homeless women.
- A college student who is physically disabled became one of the first ELCA participants on an ecumenical computer network which enables people from many denominations and faith groups to share ideas and information about the Decade.
- Women of the ELCA offer "Celebrating Women of Faith: A Program for the Ecumenical Decade" as one way to commemorate women's historic role in service to God, church and others. This program, designed as a dramatic reading with prayers of thanksgiving and hymns of praise interspersed throughout, lifts up such saints as Elizabeth Cady Stanton, Sojourner Truth, Jane Addams, Mary Lyon, Elisabeth Fedde and Frances Willard. The program is available for sale from Augsburg Fortress (code 2-8940, \$1.50).
- O The ELCA hosted the first meeting of the Decade's United States Steering Committee, and the ELCA's Commission for Women convenes a large monthly ideasharing meeting for churchwide staff. Many of the ideas generated from these meetings—computer networking, promotional buttons and slogans—have been adopted by other denominations.

It's Not Too Late to Learn How to Participate:

- O Help distribute the latest ELCA and World Council of Churches information about the Decade—such as posters, bulletin inserts and background brochures. See the 1989-90 Women of the ELCA catalog or contact the ELCA Commission for Women.
- Join the Decade conversations on one of the computer net works, called TCN and NWI, by using your home computer or one at your church or synod office. For help in joining these conversa tions contact Paul Milner, director for churchwide networking or Colin Kruger, manager for net working applications. Either car be reached by phone (800-638 3522) or through the networks To electronically contact Pau Milner, use NWI:PMILNER of TCN:TCN382.1 [For Colin Kruger, use TCN:TCN3009.1
- O Share your ideas, stories, projects, efforts and questions about the Decade with the churchwide staff coordinating the ELCA's participation in the Decade, by contacting the Office for Leadership Empowerment, Commission fo Women, ELCA, 8765 W. Higgin Rd., Chicago, IL 60631-4191.

Diane Minor Commission for Communication

THE CHRISTMAS GIFT

A STATE OF THE PARTY OF THE PAR

Elisabet McHugh



mily had no idea what made her go into the church in the first place. It wasn't even her church. She had come to town to look for a pair of warm gloves, but the long lines of Christmas shoppers at the checkout counters made her change her mind.

At first glance the church appeared to be empty. Not until she had made herself comfortable in one of the pews did Emily spot the tiny figure up front. A little girl.

Looking up at one of the stained-glass windows which depicted Jesus as the shepherd watching over his flock, Emily realized that it was years since she had been inside a church. Years. And she had no idea what she was doing here now.

It was nice to be able to sit down for a while. For some reason the holiday rush seemed to get worse every year. She, for one, would be glad when Christmas was over. It didn't have much meaning when she was alone.

This year her daughter Brenda and her husband were in Guam. Before that it had been Germany. Emily sighed. She had yet to see her youngest grandchild. How old would the baby be now? She must be going on two already.

Watching the child up front, Emily found herself wondering what the girl was doing there all by herself. She couldn't be more than eight years old, nine at the most. Shouldn't she be in school? Maybe she was waiting for her mother.

Resuming her train of thought, Emily now wondered whether she would even bother to put up any decorations this year. The older she got, the more trouble it seemed to be. At least she didn't have to buy presents for anyone. For the past few years

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she had sent money instead. That way she didn't have to worry about what to get.

ow the little girl was coming down the aisle. She was wearing jeans tucked into a pair of warm snow boots.

Wisps of dark blond hair peeked out from under her white knitted hat. Her blue coat was bulging in the front.

Emily watched with mild curiosity as the girl slowed down and tugged at her coat zipper, gradually revealing a furry little head with short floppy ears and a pair of round bewildered eyes.

"Why," Emily said spontaneously, leaning forward, "it's a

puppy!"

The girl had stopped. Now she said shyly, "His name is Smokey."

"Smokey," Emily repeated. "And what is your name, dear?"

"Jennifer. But everybody calls me Jenny." With some difficulty she extracted the dog from inside her coat. "Here," she said. "You want to hold him?"

The puppy was surprisingly heavy. Yet he was so small. Emily ended up placing him in the crook of her arm. It's just like holding a baby, she thought.

"He's not very old, is he?" Smiling, she gave his tummy a

gentle rub. "Have you had him long?"

"Only since yesterday. I found him in a dumpster in the alley. He was buried under all the garbage. I guess somebody didn't want him so they threw him away."

Emily stared at her, shocked. "You found him in a dumpster?" Jenny nodded, her eyes unnaturally bright. "Mom says we have to take him to the pound." She bit her lip to keep it from trembling.

"But . . . " Emily was at a loss for words. She looked down at

the helpless bundle on her arm. "Can't you keep him?"

Jennifer shook her head. "Mrs. Santori doesn't like animals. She's our landlady." Holding out her hand, she allowed the puppy to chew on a finger.

"He's really a very good puppy," Jenny continued. "Doesn't even chew on stuff, or anything. He'll be no problem, I promise."

It took Emily a few moments to grasp the implication of the girl's words. "Are you saying you want me to take him?" Her voice was sharper than she had intended.

"I was waiting for you. That's why I didn't go to school today. I asked him to send someone who could give Smokey a good home."

Emily closed her eyes for a moment, trying her best to get things straight. "You said you asked... who did you ask?" "God," Jenny said simply.
God!

A strange feeling of inevitability engulfed Emily. Struggling to keep her voice steady, she repeated almost in a whisper. "You asked God... to send someone to take the puppy?"

Jenny continued matter-offactly. "Mom and I couldn't find anyone who would take Smokey, so I thought if I came to church and prayed, God would send the right person." She added softly, "And he did."

or the longest while Emily stared unseeingly into space. Her thoughts went to the house where she lived alone with two elderly cats for company. It was too far away from town, especially in winter, but it had been her home for over 30 years. Most of the farm land had been sold after her husband passed away, but she still had almost three acres left, and part of the backyard was fenced.

A perfect place for a dog. Looking down at the puppy,

who was fast asleep with his face buried in her coat, she felt very humble.

A child had asked in faith, believing that God would answer . . . and God had answered.

Straightening her shoulders, Emily took a deep breath and looked up at Jenny. Noticing the anxious expression on her face, she instinctively reached out and grasped her hand. Then she said, firmly, "I guess the best thing would be for you and your mother to bring Smokey over to my place this evening. I have some shopping to do first. He'll be needing food, you know, and some proper dishes. Maybe a nice basket with a cushion. And a collar. . . ."

Elisabet McHugh, who spent her early years in Sweden, now calls Moscow, Idaho, home. The mother of six, McHugh is the ruthor of five books for children and young adults.



WINNING at LOSING

Thin is a four-letter word that has put a curse on many people's lives today. But it doesn't have to be that way. You can feel at home in your own body by learning to change behavior, incorporate exercise, and make healthy food choice

Of course not everyone needs to lose weight. Many of us reading this column maintain an appropriate weight, eat healthful foods, and feel good about ourselves. Let us rejoice that. God wants us to care for the bodies we've been given.

For those of us who are rounder than we'd like to be, who need help in paying attention to a healthy diet, or who may be experiencing some physical or emotional effects from being overweight, here are some thoughts and suggestions.

SET REASONABLE GOALS

We can take control of our lives. One of the first steps is to set reasonable goals. We need to know where we are headed. Unrealistic expectations are often an obstacle to permanent weight loss. A slow, gradual weight loss of one to two pounds a week gives our bodies time to adjust. There will be setbacks, and we may not always be satisfied with how much we are losing. But we need to give ourselves credit for what we can do. Let's not blame ourselves for

what we can't realistically accoplish.

To find out how long it should to reach a goal, decide on your gweight and calculate how may weeks it will take to reach the gat a rate of a pound a week. Do same calculations for losing pounds a week. The time it should take to reach the goal will fall so where between these dates. We combe setting ourselves up for failur we expect to reach our goal soon



on important step is to make a cong commitment to a regular exsecution of the program. Studies show that in ght-loss programs which incorate exercise, more fat and less scle and water are lost. Besides bing us lose weight and body fat, recise offers other benefits for the rt and lungs, and provides a genfeeling of well-being.

he challenge is to find an exercise gram we enjoy so we'll stick with To be healthy and fit, exercise sn't have to be painful or exhaust-

It just has to be done.



keeping track of progress, try to h only once a week. Not only will allow fluid changes to even out, ig a more accurate reading, but il encourage a focus more on beors needed for change, and less he scale.

king body measurements every to four weeks is another way nonitor body changes without ing on the scale repeatedly.

n't forget to plan some nonfood rds and celebrations for success. something special for every five ds of weight loss. It will help up the enthusiasm and moti-

CHOOSE A NUTRITIOUS PROGRAM



Whether we choose to help ourselves through a commercial program, clinical setting, or through a book, a weight-loss program must be based on sound nutrition. Weight-loss and good nutrition are not incompatible.

Here are some nutrition tips:

♦ Keep a food diary for two weeks. It will be helpful in figuring calorie intake; it will also help you become more aware of food habits.

♦ Eat frequently and don't skip meals. A combination of small

snacks and meals is best.

♦ Eat slowly, concentrating on taste, texture and smell. Try to take at least 20 minutes to complete a meal. That's the length of time the body needs to begin to feel "full."

♦ Occasionally allow a small portion of a "taboo" food. One chocolate chip cookie eaten at a restaurant, for example, may keep you out of the two dozen in the bag at home.

♦ Starving to make up for bingeing doesn't work. After a binge, get back

on track as soon as possible.

♦ Keep a positive attitude. "I can eat what I want; now what do I really want to eat?"

♦ Replace food high in fat with lots of fresh fruits, vegetables, and grains. These foods are loaded with nutrition, tend to be lower in calories and create a feeling of fullness.

Our body burns more calories from metabolizing carbohydrates than it does from fats. Fat calories are readily stored as body fat, whereas carbohydrate calories have to be converted to fat in a process that uses calories. No more than 30 percent of the calories we consume should come from fat.

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The food we eat plays a major role in our ability to lose weight. But for permanent weight loss, our life-style must change. We will need to adjust our attitude about eating and will need to become a thinner person in our thinking.

The startling fact is that about 95 percent of the people who lose weight regain it within two years! Unless we develop new ways to manage food, we will quickly regain those lost

pounds.

It is important to discover the connection between what we think and feel and how much we eat. For instance, certain attitudes seem to be more troublesome than others. Often people believe, falsely, that weight control is an all-or-nothing matter; that if a high-calorie food is eaten or an exercise session missed, the entire diet is ruined.

A visit to a medical doctor for a physical is always a good idea before starting a weight-loss program. If taking medication, a follow-up appointment after weight loss may be advisable to make any readjustments in dosage that may be needed.

TAKE A BALANCED APPROACH



Try to think of a weight reduction plan as a three-legged stool. If we take away one of the legs, chance are we will lose our balance and fall we can increase our chances for success by using a three-pronged approach.

♦ Choose a balanced, nutritional sound diet. Keep calorie intak

around 1,200 calories.

♦ Stay on the move. Regular execise will counteract your body's tendency to conserve calories.

♦ Change old behaviors. Find of when and why you eat. Then wo to change poor eating patterns.

Sustaining weight control is possible, not by going on one diet after another, but by a lifelong commitment to good eating, regular exercise, and reshaping habits.

God wants us to care for the pr cious gift of our bodies. If in your cu rent situation, you feel weight loss a needed part of your stewardshi we commend the above steps to yo

Here's to a renewed you!

iriam Johnson Children's Stories

Kathleen Lull Seaton

s a parent and teacher, I am always looking resources to enable me to help children wrestle h how faith fits into daily life. Parents. chers, and other adults with like concerns will come author Miriam Johnson's two volumes. de Twenty-Five Classic Children's Stories and de Twenty-Five More Classic Children's ries. Subtitled Discovering Values at Home or in ool, the books provide lively descriptions of ies which, intentionally or unintentionally, tain themes of faith or valuing. Jong with classics from children's literature, nson's books introduce recent selections that likely to become new favorites. The first ume includes books about creation, getting to w oneself, characteristics of God, God at work he world, power versus truth, and life after th. Some of the titles examined in volume 1, for mple, include The Runaway Bunny by garet Wise Brown, Charlotte's Web by E. B. ite and Apartment Three by Ezra Jack Keats. stories in the second volume explore design in are, redeeming situations, connecting with the ; and God's love in human settings. Among the s discussed are Yertle the Turtle by Dr. Seuss, ie and the Old One by Miska Miles and The pping Boy by Sid Fleischman.

e author provides thought-provoking discuss and conversation starters to help children adults respond to the stories. Both volumes ain books for various ages and levels that are opriate for use at home, at school, or in ch-related settings.

s the daughter of a Lutheran pastor and an nist in Clarinda, Iowa, Miriam Johnson grew Inside
Twenty
Five
Classic
Childrens
Stories
DISCORTANG
WALDES AND
HOMI GRIN
SCHOOL



up surrounded by a community of faithful people. Among her early memories are happy afternoons spent reading. Later, at Augustana College in Rock Island, Illinois, Johnson recalls "loving reading, writing, and English."

ombining her love of reading and children,
Johnson pursued an elementary teaching career in
Connecticut while her husband, Paul Johnson,
served several Lutheran congregations as pastor.
With the arrival of children Philip and Paula,
Johnson began to experiment with using books
and stories to help her own youngsters think about
faith in daily life.

In the 1970s, the Johnsons relocated to Philadelphia, where Miriam joined the staff of the Division of Parish Services of the Lutheran Church in America as an editor for early elementary resources. Drawing on her teaching career and studies at Boston College for a doctoral degree in curriculum, she helped develop the Living Faith curriculum, numerous vacation church school series, and materials for church libraries, small church schools, and summer Sunday school.

Working with editors, writers, and teachers in parishes, Johnson continued to hear the same pleas parents had shared with her. "How," they asked, "can we help children understand that faith and life fit together in meaningful ways?"

In response, Johnson created Inside Twenty-Five Classic Children's Stories and its sequel as

resources for adults.

While books can be wonderful springboards to conversation, Johnson is clear about their primary purpose with children. "Children's books are, first and foremost, to be enjoyed."

When not at work as a reading specialist for the Brockton, Massachusetts, schools, Johnson can be found reading and enjoying books and cementing

her relationship with grandson Seth.

Kathleen Lull Seaton is the mother of four children and is director of Good Samaritan Episcopal Day School in Paoli, Pennsylvania. She has also served as an early childhood specialist for the Lutheran Church in America.



Inside Frog and Toad Together

Frog and Toad Together, a collection of five stories by Arnold Lobel (Harper and Row, 1972) is highlighted in Miriam Johnson's Inside 25 More Classic Children's Stories. (One of the five Frog and Toad stories, "The Garden," was reprinted in the March 1988 LWT.)

As with each of the stories Johnson uses, she begins by briefly summarizing the plot, then pointing to the theological or valuing themes implicit in the story. "The boundless nature of Frog's patience illustrates something of the Creator's patience toward us," writes Johnson of *Frog and Toad Together*. She also sees a connection between "The Garden" and 1 Corinthians 3:6-7.

Each discussion concludes with several "conversation starters" to lead to expanded thinking about the story. The conversation starters for *Frog and Toad Together* are: What is the glue that holds Frog and Toad's friendship together? What things that Frog says does Toad not hear? Are there any ways that we are like either Frog or Toad? How is Frog like God?

Two points are repeatedly stressed by Johnson. First, valuing themes and theological messages can be lifted from children's literature—whether or not such an interpretation was intended originally by its author. And second, children's literature is written primarily to be enjoyed. The conversation starters are not to be construed as "tests" or bases for drawnout morality discussions.

The commentary and conversation starters provided by Johnson can, however, add new dimensions to the stories for both adults and children. And for those favorites, read over and over again, something new to think about and ponder is especially welcome.

SES

Inside Twenty-five Classic Children's Stories (Paulist Press, 1986, \$4.95) and Inside Twenty-five More Classic Children's Stories (Paulist Press, 1988, \$5.95), both by Miriam J. Johnson, are available through your local library or bookstore, or through your nearest Augsburg Fortress location.

Meet Two "Companions on Your Journey"

Cynthia J. Mickelson

Companions on Your Journey: Studies of Biblical Women is a 12-session study highlighting women of the Bible who were instruments of God as they revealed and experienced God's steadfast love. But who will our companions be, and where will our Bible study journey take us? Phyllis Kersten and Louise Williams, writers of the 1990 study, help us find the an-



Phyllis Kersten

swers to these questions, as they lead us down roads traveled by Ruth and Naomi, by women in the early Christian community and by Mary, the mother of Jesus.

Phyllis and Louise radiate an inspired energy. Both have spent their lives working with women and congregations, and they bring experience, insight and inspiration to *Companions*.



Louise Williams

Phyllis Kersten was born in D troit, the youngest of seven childre and the only girl. She attended Va paraiso University in Valparaiso, In diana, where she majored in En-

Today Phyllis serves as vice pre ident for communications for the Wheat Ridge Foundation in Chicag Known as the "Lutheran Christma Seals people," Wheat Ridge provide seed money that annually help start some 60 new ministries health and social service. Many Phyllis's projects at Wheat Ridge r late directly to women, such as the Turning Point Women's Center San Jose, California; housing, cou seling and job training for displace homeless women and their childre and programs to strengthen fami life.

Kersten is president of her cong

ion, Ascension Lutheran Church Riverside, Illinois, She has written oraver day service for women. nns, youth programs, devotions I numerous articles for church pedicals. Phyllis and Louise previsly coauthored Talented, Tired. autiful Feet, a women's Bible dy published in 1986.

ouise Williams grew up on a m in Missouri and likes the quiet a country setting. She attended lparaiso to become a deaconess d now finds herself there again, as executive director of the Luther-Deaconess Association. The asciation provides education for men who want to become deacones, support for graduated deacones, and programs for lay people licated to Christian service, such gatherings for mothers of young ldren.

Louise is the author of an 11-part ies on spirituality currently runng in The Lutheran. She writes in August 9 issue, "... God keeps ying I love you' over and over tryto find ways and languages peocan understand." Louise brings s same insight to Companions, at our journey together through study might enable us to more arly hear God's "I love you."

The four resources that make up study are:

ve study sessions, found in each 90 issue of LWT (and only in VT).

leader guide, which contains p-by-step information to help a der facilitate the study. Some estions have specific answers proled; others give helps for respondto reflective questions. Tips are duded to help move the group

A Bible study resource book. This book, designed for all participants, is a personal tool for study, prayer and reflection. It can be for personal use and/or group meetings. The book's format is new: it's full of reflections. poetry, and additional commentary meant to enrich and add greater dimension to the study. The writers recommend that participants keep a personal journal of reflections as

An audiocassette.* This is an exciting new supplementary resource. One side of the tape contains twominute stories, one per session, relating to the theme of the session. They are slice-of-life anecdotes that are recorded by women from various backgrounds and cultures.

On the flip side of the tape are three ten-minute guided reflections on the themes of the three sections of the study: a reflection on journeys. a reflection on gifts, and a reflection

on the Christmas story.

While supplementary resources may be ordered separately, the study material for Companions on Your Journey is available only in Lutheran Woman Today.

To subscribe to LWT, contact your congregational group coordinator or use the individual order form found on the inside back cover. To start a group subscription, write LWT Circulation, 426 South Fifth St., Box 1209, Minneapolis, MN 55440, or call 1-800-328-4648, ext. 347. All subscriptions are payable in advance.

continued on next page

^{*}Not to be confused with resources for persons with visual disabilities. See the box on p. 26. For further information about such resources, call the ELCA Braille and Tape Service, 1-800-328-4648, extension 502.

ORDERING INFORMATION

LEADER GUIDE: (order one per leader). Price \$2.85. Code 2-9026.

BIBLE STUDY RESOURCE BOOK: (order as individuals desire). Price \$3.50, Code 2-9025.

AUDIOCASSETTE: (order as individuals desire). Price: \$8.98. Code 2-9090.

Order from your nearest Augsburg Fortress location, through the 1989-90 Women of the ELCA Catalog, or by calling 800-328-4648. Postage and handling is extra.



For information or advance planning, the titles and biblical texts for Companions on Your Journey: Studies of Biblical Women are listed below. Note that the combined July/August issue of LWT will feature two sessions of the study.

PART 1

(Sessions 1-4)

JOURNEYING FROM BETHLEHEM TO BETHLEHEM

JANUARY: Companions in Need Study text: Ruth 1:1-5

FEBRUARY: Companions Indeed Study text: Ruth 1:6-22

MARCH: Bread for the Journey Study text: Ruth 2

APRIL: Extending the Family Circle Study text: Ruth 4:13-22

PART 2

(Sessions 5-8)

GIFTS FOR THE JOURNEY: FROM JERUSALEM TO THE ENDS OF THE EARTH

MAY: A Long List of Companions Study text: Romans 16:1-16 JUNE: Compatible Companions Study text: Acts 18:1-3, 18-19, 25-26; Romans 16:3; 1 Corinthians 16:19

JULY/AUGUST: Companions of One Cloth Study text: Acts 9:36-43; 16:11-15, 40

JULY/AUGUST: Companions in Waiting Study text: Acts 1:12-14; 12:12-17; 21:9

PART 3

(Sessions 9-12)

BETHLEHEM REVISITED

SEPTEMBER: Mary—God's
Companion and
Ours
Study text: Luke 1:26-38

OCTOBER: Kindred Spirits Study text: Luke 1:39-45, 5

NOVEMBER: Joined in Song Study text: Luke 1:46-55

DECEMBER: A Journey of the Heart Study text: Luke 2:1-20

LUTHERAN WOMAN TOD.

LETTERS

ankoffering Service

Thankoffering service otember 1989) is a good, inspiraal service of thanksgiving and ise to God. However, is it proper ay "recite the Apostles' Creed" "recite the Lord's Prayer"?

Inez Rue

Bowman, North Dakota instructions might better have I confess the Apostles' Creed and y the Lord's Prayer.—ED.

circle meets every Tuesday ming. We use LWT for our otions, having the Bible study week and taking turns reading articles on other weeks. ast week we followed "A unkoffering Service." We all oved participating in the service wonder if this type of service ld be included in each issue?

Marjorie H. Wall
Chalmette, Louisiana
hankoffering service will be
red every September in LWT.
unkofferings are remitted to the
cago office in support of churchle Women of the ELCA efforts.
inning in 1990, each issue will
r at least two meditations for
ividual or group use, including a
department called "Cover
ditation."—ED.

ease send comments to Letters, otheran Woman Today, 8765 W. iggins Rd., Chicago, IL 60631.

Call for nominations to Women of the ELCA churchwide board

Women of the Evangelical Lutheran Church in America is calling for suggested nominees for members to serve on its churchwide board. An official letter requesting such nominees, with information on the nomination process, has gone out to every congregational unit of Women of the ELCA.

Congregational and intercongregational units may submit the names of suggested nominees, as can delegates to the First Triennial Convention and officers and members of the present churchwide board. Current members of the churchwide board may be reelected, but they must be nominated again. A nominating committee will select final nominees. Election is to take place at the First Triennial Convention of Women of the ELCA at Anaheim, California, July 12-15, 1990. Check with your unit president for details about the nominations process. Think about whom your unit would like to nominate. Suggestions for nominees, on the appropriate form, must be postmarked no later than December 20, 1989.

MEDITATION

FAYE FIELD

Discovering Gifts

Neglect not the gift that is in thee. . . (1 Timothy 4:14)

When our family gathered around our Christmas tree bursting with brightly wrapped gifts and sparkling decorations, Mama always sat in her favorite wide-armed leather chair by the French doors. Here she had a vantage point for watching the children scrambling around the tree during the last activity of the evening.

It was her Christmas custom to give each of the small grandchildren a five-dollar bill. Sometimes

she tucked these bills into little silk bags that she had made. Sometimes the bills were twined around the clappers of miniature hand-painted bells. Whatever the containers, the gifts were always well hidden.

The wide-eyed children loved the treasure hunt. They dug under the embroidered tree skirt, rummaged through discarded gift wrappings, and looked high and low among the tree branches. They never stopped, and they never lost faith that each

gift would be found.

When the hunt was over, each child with a smile of assurance proudly displayed his or her gift.

Then Mama, pushing back her perfectly coiffed hair, would smile and say,

"Remember, hidden gifts have to be looked for. It's good for you to know that some offerings have to be paid attention to—like God's gifts."

My mother took the opportunity at a time when hearts are open an receptive to teach her family, children and grown-ups alike, that spiritual gifts, like her presents, as sometimes vague to us. However, the gifts God gives us can be found if we search with faith, explore with hope, and pursue with steadfastness.

Dear God, help me, I pray, to discover and use your gifts to me, even though at times they may seem elusive.

Faye Field is a free-lance writer from Longview, Texas.

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On the front and back covers

The painting on skin parchment by Ethiopian artist Zelel Iwuneta is reprinted from *Christmas: The Annual of Chrismas Literature and Art*, Volume 57 (Augsburg, 1987).

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World Day of Prayer Service

AVAILABLE IN LARGE PRINT AND BRAILLE

e John Milton Society publish-World Day of Prayer Worship rvice materials for the visually paired in large print and aille. Free copies are available individuals, churches, retireent and nursing homes.

Church Women United's World ly of Prayer will be observed on arch 2, 1990. To order the aille and large-print materials your service, send requests by cember 21, 1989 to Circulation anager. John Milton Society. 5 Riverside Drive, New York. Y 10115. (212) 870-3336.

MORE ABOUT SEEDLINGS

The Best Christmas Pageant Ever The Butter Battle Book Frog and Toad Are Friends God, I've Gotta Talk to You The Polar Express Sadako and the Thousand Paper Cranes Sarah, Plain and Tall Superfudge The Tenth Good Thing about Barney

The titles above are just a few of those available through Seedlings, a nonprofit organization that produces braille books for children (see the September 1989 LWT). Debra Bonde, the founder of Seedlings, is a member of St. Olaf Lutheran Church in Detroit. Several congregational units of Women of the ELCA also have supported her efforts.

For a more complete listing of braille books for children, or for further infor-

mation, write or call:

Seedlings Braille Books for Children 8447 Marygrove Drive Detroit, MI 48221 (313) 862-7828

cut here

Individual subscriptions at \$8.00 (regular or big print) may be sent to:

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Wholeness of the Church

This community of women shall work toward wholeness of the church.

Constitution and Bylaws, Women of the ELCA



